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INTRODUCTORY PACKAGE:

Consultation with Board Certified Physician
Consultation with Registered Dietitian (one on one consultation)
Body Composition Analysis (BMI)

- Appetite Suppressants "if indicated" will be dispensed on your initial visit
- Call for more information and rates Coupon for \$25 off initial fee on website

MEDICATION: Dispensed by physician every two weeks as indicated at follow up appointment/check up

NUTRITIONAL COUNSELING:

\$100.00 for 3 visits with Dietitian or \$40.00 per visit

Personalized weight loss program tailored to meet your specific needs
Follow up with Dietitian every other week (one on one counseling)
Weekly weight check – no additional fee
Information and recipes will be designed to help achieve your goal weight

The program includes long-term support with dietitian to help you lose weight safely and consistently to get not only get to your goal weight but to maintain it also

MAINTENANCE PACKAGE - \$100.00

8 WEEK PROGRAM

Weekly weigh-ins
Meet with Dietitian weekly
Keep you on track to keep you at your goal weight

MEAL SUPPLEMENTS:

We offer a variety of hi protein (15 g) bars... these bars are used as meal supplements. They help get you through the mid afternoon hunger/cravings as well as after dinner cravings. Not only are they delicious, but nutritious and help satisfy your desire for sweets/chocolate. We continue to offer them for only \$10.00 a box which is a week supply (7 bars) ... they cannot be purchased in the supermarket and are much cheaper and higher in protein than any bars you can buy in the supermarket.

OUR SUCCESS BOARD:

Lose 25 pounds and your name is added to our success board ... we have many "stars" on our board For more information or to schedule an appointment, call **215-612-1444** today!